I've always thought of myself as a seeker. And by that I mean my heart is open to seeing—in all forms—the divine order and exquisite perfection with which the universe operates.

I am beguiled by the mystery of life. As a matter of fact, on my nightstand I keep a book called *In Love with the Mystery*, written by Ann Mortifee. It's full of tranquil photographs and bite-size reminders of the preciousness of the wondrous journey we're all on.

Here is one of my favorite passages:

“Let the power come. Let ecstasy erupt. Allow your heart to expand and overflow with adoration for this magnificent creation and for the love, wisdom, and power that birthed it all. Rapture is needed now—rapture, reverence, and grace.”

I find solace and inspiration in those words. Too often we block the power that is ever-present and available to us, because we're so wrapped up in doing that we lose sight of being.

I often wonder what Steve Jobs felt when he uttered his last words: “Oh, wow. Oh, wow.”

I wonder if it was the same vision the mother of a 26-year-old cancer patient shared on my show years ago. With his last breath, her son had said, “Oh, Mom, it's so simple.”

I believe we make our paths far more difficult than they need to be. Our struggle with and resistance to what is entangles us in constant chaos and frustration—when it’s all so simple. Do unto others as you would have them do unto you. And remember Newton’s third law of motion: For every action there is an equal and opposite reaction. The energy you create and release into the world will be reciprocated on all levels.

Our main job in life is to align with the energy that is the Source of all energies, and to keep our frequency tuned to the energy of love. This I know for sure.

When that is your life’s work, mystery solved—or at least, the mystery no longer mystifies you. It only heightens the rapture, reverence, and grace.